

Jones Physical Therapy & Sports Medicine

ENCOURAGING GREAT COMEBACKS



The best candidates for DECOMPRESSION therapy are patients who have any of the following conditions:

- Herniated Disc
- Degenerative Disc Disease
- Facet Syndrome
- Failed Spinal Surgery
- Failure to improve after 2 conservative, non-operative treatment measures



What is Spinal Decompression?

Spinal Decompression is a type of traction therapy applied to the spine in an attempt to bring about several benefits including:

- Increased blood flow to the disc, improving disc nutrition
- Decreased intradiscal pressure
- Regression of disc herniation
- Reduced neurocompression

*JPT is the only
HillDT provider
in Arkansas!*



The HillDT Spinal Decompression utilizes a pelvic tilting feature that allows for targeting specific disc segments, rather than putting a large amount of force through the entire spine like traditional “rope” traction. The result is a much more comfortable and effective treatment with proven, life changing benefits.